



Growing Wellness Through Gratitude

Improve your wellbeing, earn contact hours, and learn what it takes to be a Carle Nurse.

**Thursday, June 1, 5:30 - 7:30 p.m. | Carle Orthopedic & Sports Medicine
2300 South First St. | Champaign, IL**

The ANA has declared 2017 the Year of the Healthy Nurse. Listen as Elizabeth Angelo, RN, executive director of The Carle Experience, shares ways to improve your wellbeing by incorporating mindfulness and gratitude into your daily habits. Carle nurses will participate in a panel discussion to share their work experiences, providing insight into Carle's culture and opportunities. You'll also have a chance to tour the new Carle Orthopedics and Sports Medicine building.

Reserve your space early at carle.org/nursing-open-house.

Carle is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)(OH-567, 08/01/2019). A maximum of 0.5 nursing contact hours will be awarded for this activity.

